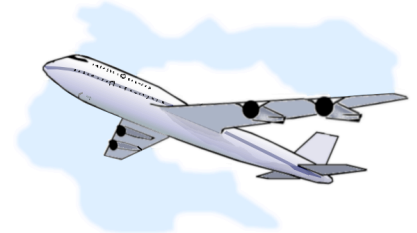


FREQUENTLY ASKED QUESTIONS

Q: I am going on a vacation and have questions about vaccinations. What should I do?

A: Call the London Travel Clinic at 519-432-5508 to book an appointment with their travel vaccine specialists. You can also visit their website at www.londontravelclinic.com for the most up to date information on what you may need.



Different destinations require different types of vaccinations, so it is important that you discuss your options with a physician. It should be noted that **travel vaccine advice is not an OHIP insured service** and there will be a private charge for the visit (usually \$50-\$100)—whether you visit the travel clinic or your own family physician at North Middlesex Community Medical Centre. Vaccination advice **will not** be given over the telephone.

Be sure to book your appointment **well in advance** of your travel date, as many vaccines require multiple dosages over a series of weeks or months.

The following links provide some information on the more common travel vaccines:

<http://www.twinrix.ca> , <http://www.travellersdiarrhea.com> , <https://www.tripprep.com>

Q: Does North Middlesex Community Medical Centre have flu shots available?

A: Yes. Our Parkhill location administers flu shots on a walk-in basis (first come, first served) for NCMC patients Mondays-Thursdays between the hours of 1:30pm – 3:30pm. Patients must show a valid health card upon check-in and register at reception upon arrival. Our Ailsa Craig location administers flu shots by appointment only (519-293-3981). Flu shots are generally available from November until March (while quantities last).



Q: Do I need to book an appointment to get a B12 injection or have blood work?

A: Yes. Appointments must be made to see our nurses for any kind of injection, vaccination, blood-draw, etc. Parkhill patients can call 519-294-6881 to book an appointment and Ailsa Craig patients can call 519-293-3981. Our Parkhill nurse sees patients Mondays through Thursdays and our Ailsa Craig nurse sees patients on Mondays.

Be advised: Our nurses are very busy, so please call to book appointments at least 2-3 weeks in advance of when your injection/vaccination is due.

Q: How far in advance are the physicians booking?

A: This depends on what physician you are seeing and what you are seeing him or her for. In general, we ask that you give us 4-6 weeks notice for routine appointments if you wish to see your regular family physician. We also have locum physicians who can generally see patients with only 1-2 days notice for more acute problems.

Annual Physicals should be booked with at least 2-3 months notice as physicians usually limit the number of physicals per day.